

In case of emergency or if you have any concerns following this treatment please contact us.

It is important to follow the specific aftercare instructions provided to ensure the best possible healing and results. If you have any questions or concerns about the aftercare process, be sure to ask your practitioner for more guidance.



## Tixel Ablative Aftercare

- Do not apply moisturiser until all heat has gone from the treated areas (2-4hours).
- After 4 hours apply Hydrating Creme at least 4x a day until the skin no longer feels dry, (up to 7 days)no active ingredients in cream, cetaphil or similar.
- Do not touch the treated area for 48hours.
- After 24 hours you can wash your face with Hydrating creme, do not use any other creams on the face with active products until healed or until all micro-crusts have naturally fallen off (5-7days). Pat face dry.
- After 48hours you can apply mineral make-up and SPF, up to 48hours you must avoid direct sunlight and use hat and sunglasses if outside.
- Ideally take Vitamin c supplements.
- Do Not pick, scratch or rub off micro-crusts, let them come away naturally over the next 7days.
- Any signs of infection or cold sores should be reported to the clinic immediately.