

Million Dollar Facial Aftercare



In case of emergency or if you have any concerns
following this treatment please contact us

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Pre-Treatment Instructions

A few simple guidelines and advise before treatment can make a difference between a good result and a fantastic one.

- Do not use Retin-A or other exfoliating creams 24 to 72 hours (1 to 3 days) prior to your treatment.
- Avoid sun tanning or tanning creams/sprays for at least a week before treatment.
- You must NOT have recently had laser surgery or used Accutane. Accutane (isotretinoin) therapy, also known as isotretinoin, is a medication on the market to treat acne. During therapy and up to 6 months after completing isotretinoin, the skin is highly sensitive and chances of scarring are high; therefore, I recommend my patients to wait at least 6 months after completing therapy to consider any treatments.
- Candidates who have had a recent chemical peel or other skin procedure, such as filler injections, should wait two weeks before undergoing microdermabrasion. Please wait one week after Botox injections to have a microdermabrasion.
- Prospective patients should also refrain from waxing or tanning the skin to be treated for a few days prior to microdermabrasion treatment.

- Wash your face and neck with a non-oily, non-soap based cleanser before each scheduled treatment.
- Patient must not have an active cold sore. If you are prone to cold sores, please let us know so we can discuss the option of prescription prophylactic treatment.

Post-Treatment Instructions

To maximize Dermaplaning recovery time and results, it is important to follow all post procedure instruction below:

- Wash your face with a gentle, acid-free cleanser, tepid water and avoid topical products that contain alpha or beta hydroxyl acids, retinols or Retin-A for approximately 72 hours or longer. If irritation occurs after applying the above products, wait a few more days to allow your skin to heal. Under no circumstances should you use a product that abrades the skin within the 72-hour period (no scrubs), nor should you submerge the treated area in chlorinated pool or hot tub for the next 3 to 5 days.
- Avoid sun exposure as much as possible for a minimum of 14 days post treatment. If you must be in the sun, apply SPF 50 , reapply often, wear a wide-brimmed hat, and seek shade when possible. Be careful of sun exposure and wear sunscreen daily for 2 weeks.
- Avoid excessive heat 3 days post treatment, i.e. heavy workouts, steam rooms or saunas, etc.
- Avoid chlorine for 24 hours.
- Avoid facial waxing for 7 days.
- Avoid dermal fillers and Botox/Xeomin for 2 to 3 weeks.
- Do not pick, scratch or aggressively rub the treated area.
- No scrubs, polishers or aggressive brushes should be used for 7 days.

- Do apply serums as absorption levels will be elevated.
- You may experience slight peeling for the first few days.
- Slight windburn sensation and/or blotchiness are normal for the first few days.
- Skincare products may tingle or slightly burn for the first 2 days.
- Makeup may be worn if the skin is not broken.

It is important to follow the specific aftercare instructions provided to ensure the best possible healing and results. If you have any questions or concerns about the aftercare process, be sure to ask your practitioner for more guidance.