



In case of emergency or if you have any concerns  
following this treatment please contact us



# Mesotherapy Aftercare

- At the end of your treatment you will see slight redness and maybe a small amount of swelling around the areas that have been specifically targeted (wrinkles, scars). This is normal and will reduce within a couple of hours.
- We strongly advise that you use a foundation or cream with SPF 30 or above. Ideally a cosmeceutical antioxidant (your practitioner will advise you of this). This will protect the skin during the regeneration phase.

For optimum results at the end of your treatment we recommend that you:

- Apply aftercare cream twice a day (morning and night) until the tube is finished. We recommend you purchase one recommended by your practitioner for optimum results. Please cease to use any products if adverse reactions occur and call your practitioner.
- Do not scratch, rub or stimulate the skin immediately post treatment. Your skin may feel tighter. This is one of the indications that the treatment is working. If it feels uncomfortable, wash your hands and apply a small amount of aftercare cream.
- Leave the treatment to absorb product overnight and continue with your usual beauty regime the following day. If you need to remove any make up, please gently use warm water only on the areas that have been treated.

- You may experience slight peeling. This can be gently rubbed away with a soft, damp cloth.
- Contact the practitioner if the redness persists or swelling does not subside beyond 5 hours.
- It is recommended for optimal results, this treatment should be spaced once/twice a week for the first 4 weeks.
- Book your next session with your practitioner.

It is important to follow the specific aftercare instructions provided to ensure the best possible healing and results. If you have any questions or concerns about the aftercare process, be sure to ask your practitioner for more guidance.