

In case of emergency or if you have any concerns following this treatment please contact us.

It is important to follow the specific aftercare instructions provided to ensure the best possible healing and results. If you have any questions or concerns about the aftercare process, be sure to ask your practitioner for more guidance.



Cryopen Therapy is relatively low-risk, the side effects and complications are usually minimal.

- Pigment changes; Both hypo pigmentation (lightening of the skin) and hyper pigmentation (darkening of the skin). Both generally last a few months but can last longer.
- Nerve damage; Though rare, damage to the nerves is possible particularly in areas where they lie closer to the surface of the skin such as fingers, the wrist and the area behind the ear. Reports suggest this will disappear within several months.
- A blister may appear in the treated area but will usually only last a few hours.
- Shards of frozen ice; The innovation of CryoPen is the direct application of nitrous oxide under high pressure (55 bar). This high pressure jet may cause minor shards of frozen ice in the air blown away in a circle of approximately 30cm. They will thaw the moment they eventually touch healthy skin.
- Treatments on sites with coarse terminal hair: Hair follicles are easily damaged by cryosurgery and permanent alopecia is not uncommon.
- Generally, just leave treated area clean and dry. Notify your practitioner if any negative side effects occur. TAGS and Fibromas will generally drop off after a week or so and sunspots should peel away.
- Do not pick or pull.