

*The* SKIN  
Collective

In case of emergency or if you have any concerns  
following this treatment please contact us



# Chemical Peel Aftercare

- Avoid exercise and any form of heat treatments for 24 hours after the procedure.
- For the next 48 hours avoid the use of aggressive skincare products and only use products advised or provided by your treatment provider.
- Avoid products containing alpha-hydroxyl acids unless advised by your treatment provider.
- Do not peel, pick, scratch the skin, or any loose skin resulting from the treatment. This treatment must come off in its own time with no assistance, ignoring this advice can lead to scarring.
- Do not wax facial hair for 2 weeks post peel.
- Do not expose the skin to sun or sun beds.
- Delay the use of make-up for 48 hours (if you must we recommend mineral make-up).
- Adverse reactions to chemical peels are rare but can include peeling, redness, scabbing, infection, recurrence of cold sores and prolonged sensitivity to wind and sun.

It is important to follow the specific aftercare instructions provided to ensure the best possible healing and results. If you have any questions or concerns about the aftercare process, be sure to ask your practitioner for more guidance.