



In case of emergency or if you have any concerns following this treatment please contact us.

It is important to follow the specific aftercare instructions provided to ensure the best possible healing and results. If you have any questions or concerns about the aftercare process, be sure to ask your practitioner for more guidance.



# Skin Boosters Aftercare

- There may be some tenderness, redness, swelling and bruising around the injection site. This is normal and will subside, usually within a few days.
- If swelling or pain persists or you are concerned, please contact the clinic as soon as possible.
- Use a cold pack to reduce swelling and/or redness.
- Do not massage or manipulate the treated area.
- No recovery time is required and you can return to your daily activities immediately.
- Avoid wearing make up for 12 hours post treatment.
- Avoid extreme temperatures (hot or cold) for a minimum of 7 days after treatment (no saunas, steam rooms, sun beds or sun exposure).
- Apply an SPF30+ sunscreen.
- Avoid swimming for 48 hours.
- Avoid alcohol for 24 hours after treatment.
- Stay hydrated.
- Schedule your next appointment.